

POSITIVE MESSAGE

Hi fam!

We've been reaching out to find support on how to talk to you all about Coronavirus with ya'll. We do not want to add to the fear-mongering media, but more importantly, we are worried about your welfare and of course how this is going to affect business (aka our playtime!) this Spring.

We are taking some steps sharing helpful tips online (please see below + as a policy on our website playtone.co.uk). In a nutshell, if we are advised to take a different route, i.e. cancel classes we will explore other ways to deliver - amazing things come out of crap times right!

> **Stay positive and get lost in something - play, work, create, keep fit** - it builds your resilience and puts you on a natural high! If you are feeling low - one of the most effective ways to stay healthy is to keep stress to zero and keep up your movement habits. This will pass and won't be forever!

> **BUT - If you are feeling yucky, PLEASE STAY AT HOME and please don't sweat it out in our classes.** Email us: bookings@playtone.co.uk and we can work something out. We will send you lots of love and light and hope to see you soon 😊

> **As all the reminders are saying/ drilling into us, please wash hands pre and prior to class.** We'll also avoid close contact activities and keep equipment clean. We'll be talking with our venues about their hygiene methods.

Lastly, keep your eyes and mind open and at ease!

Please get in contact with us if you have any questions or feedback.

Stay healthy and positive! We've got this 😊

Obie + Tinuke xxx

POLICY

We just wanted to update everyone about our plans and risk management around the COVID-19 Coronavirus. Based on the [government's official advice for educational providers](#) and our own risk assessment we have decided the following:

- We carry on operating all services as normal until we are informed otherwise by the local Public Health authority. This includes if there are suspected cases of the virus.
- If and when there is a confirmed case of the virus (user or staff/ instructors), we then liaise with the local Public Health authority who will work with us to develop a plan of action. Until otherwise advised, it is business as usual.
- If one of our staff, instructors or members attends a school/ venue that closes, then we cease to offer a service to those from that school/venue, essentially following the policy of the school/venue which will have been informed in consultation with the local Public Health Authority.
- If one of our session venues/ school closes, then we cease to operate a service from that school/venue, essentially following the policy of the school/venue which will have been informed in consultation with the local Public Health Authority.
- We ensure that staff/ instructors are fully aware of our policy on this issue, that we are extra vigilant regarding good hygiene practices and make sure we communicate with you all regarding the government advice we have received.
- We keep monitoring the updates we continue to regularly receive from the local Borough Councils where our services operate (Tottenham, Whitechapel and Southwark and other partner venues) and the Public Health authority and make any necessary response to future developments.

At this stage, we feel there is no need to worry and we are operating as usual, but the CEO's of PLAY TONE will be keeping a close eye on any changes in government guidance and will let you know if anything changes.

If any staff/ instructors or members have returned from the following areas since February 19, please let us know via email (bookings@playtone.co.uk) and inform NHS 111, even if you do not have symptoms. This is for the protection of our vulnerable members and our community as a whole, and will in no way stigmatise anyone or threaten their place at PLAY TONE:

China
Iran
Northern Italy
Republic of Korea
Vietnam
Cambodia
Laos
Myanmar
Thailand
Japan
Hong Kong
Taiwan
Singapore
Malaysia
Macau

We greatly appreciate your continued support in working with us to maintain a safe, healthy environment. While we can't protect everyone, we can do as much as possible to stay informed, look after our families and ourselves, so that we can help each other. Thank you for helping us to keep those who work with us and for us safe.

For more information about the Coronavirus, its symptoms and how to avoid it, [visit the NHS website](#). If you think you or someone you know has the virus, call 111 for advice.

Last but not least, please ensure that you are regularly and thoroughly washing your hands!

Kind regards,

Obie Campbell and Tinuke Oyediran (CEO's - Play Tone Limited)